

# Luna House Special

## for Women Approaching or Experiencing Menopause

*Do you fancy a weekend away in lovely Hanmer, with meals provided, comfortable accommodation, convivial company, laughter and fun, and an enlightening, supportive, life-changing workshop?*

**Friday 4<sup>th</sup> to Sunday 6<sup>th</sup> October**  
(arrive Friday evening, depart Sunday afternoon)

## The Alchemy of Menopause



### **Would you like to receive**

An indepth, empowering and perhaps surprising new perspective that will make sense of all the things your Menopause might bring

A clear model to help you understand why our hormones behave as they do

Tools and practical strategies so we can support ourselves through the changes

A deep spiritual and developmental understanding of Menopause and its purpose in our lifelong journey toward being our fullest Self

**Investment:** \$265 - \$280 (choice of bedrooms)

**Registration and payment required by 20<sup>th</sup> September**

**Limited Places Available for this very special weekend**

**Don't miss out - confirm your booking early**

ph: (03) 332 5755 e: [lunahouse@clear.net.nz](mailto:lunahouse@clear.net.nz) w: [www.lunahouse.co.nz](http://www.lunahouse.co.nz)