

Women

Would you like to learn something new about something old?

The Whole of the Moon Illuminating your Menstrual Cycle

Gain knowledge, support and inspiration in the company of other women

- A new understanding of our female hormones and why they act as they do
- A clear model that makes sense of our changeability, emotions and physical experiences around the month
- Some tools to minimise difficulties and align our daily life to our cycle energies
- An exploration of our Menstrual Cycle's special resonance with Nature
- An experience of the spiritual and developmental dimensions of living our Menstrual Cycle consciously



8 Thursday evenings, 7-9pm, 29th June – 17th August

Cost: \$215 whole course or \$30 each evening
(negotiable where necessary)

Register by Thurs 22nd June

Email: lunahouse@clear.net.nz Phone: (03) 332 5755 or 021 029 19819

A Luna House Presentation

by: **Jane Catherine Severn**

Psychotherapist, Pascha Therapist, Menstruality Educator

For more information visit www.lunahouse.co.nz