

# Women

Come to See Yourself in a Whole New Light  
through this introductory talk

## THE WHOLE OF THE MOON ILLUMINATING YOUR MENSTRUAL CYCLE



Would you like to receive:

A new understanding of female hormones and why they act as they do

A clear model that makes sense of our changeability, moods, emotions and physical experiences around the month

An exploration of our very special resonance with Nature, because of our cycle

An invitation to experience the Spiritual and Developmental dimensions of our feminine nature through living our Menstrual Cycle consciously

**On:** Tuesday 10<sup>th</sup> December, 7pm – 9pm

**At:** The Yoga Place, 147 Barrington St, Somerfield

**Cost:** \$20 per person – places are limited so please book in advance.

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*A Luna House Presentation*  
*by Jane Catherine Severn*

For more information about Luna House go to [www.lunahouse.co.nz](http://www.lunahouse.co.nz)