

Women

Come to see Yourself in a Whole New Light
through a very special weekend workshop in Little River

The Whole of the Moon

Part One: Saturday 15th August, 9am – 3pm

Illuminating Your Menstrual Cycle

Part Two: Sunday 16th August, 9am – 3pm

The Alchemy of Menopause

Okuti Valley Hall

Afternoon tea and further discussion follows for those who can stay longer



Would you like

- A new understanding of our female hormones and why they act as they do
- A clear model that makes sense of our feminine changeability, emotions and physical experiences throughout life
- Some tools for minimising difficulties and aligning our daily life to our changes
- An invitation to go far beyond the medical model to discover the spiritual and developmental purposes of our Menstrual Cycles and Menopause

Come along to be informed, supported and inspired in the company of other women

Presented By: Jane Catherine Severn, Luna House

Cost: \$65 for one day, or \$115 for whole weekend

All women welcome to attend whole weekend (especially recommended for Menopausal women)

Please Register by 7th August

To Enquire or Register:

Ph: 332 5755 e: lunahouse@clear.net.nz w: www.lunahouse.co.nz