

W o m e n

- ❖ Have you ever wondered why our female hormones behave in the mysterious ways they do? Why our Menstrual Cycles and Menopause affect our moods, thoughts, emotions and energy, as well as our bodies?
- ❖ Would you like to receive new knowledge about your monthly and mid-life changes that will help you see yourself in a whole new light?
- ❖ Would you like to discover something inside you that is intricate and elegant, perfect and purposeful, yet so unknown as to have no name?



Come along to an Introductory Evening in the company of other women

The Whole of the Moon

A New View of Menstrual Cycles and Menopause

Where: 4 Hurunui Street, Cracroft
When: Thursday 5th March, 7.15 - 9.15pm
Cost: \$20
Register by: Monday 2nd March.

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A Luna House Presentation by Jane Catherine Severn

Psychotherapist / Pascha Therapist / Menstruality Educator

for further information about Luna House see www.lunahouse.co.nz