

Advanced Alchemy

a special weekend workshop for Menopausal Women

If you have already attended an "Alchemy of Menopause" workshop or course, and would like to deepen your knowledge and awareness further, you are invited to another residential workshop at Heavenly Hanmer



Would you enjoy

- * A weekend in the fine and feisty company of other Menopausal women
- * A workshop to refresh, inspire and support you, and enhance your Menopause experience
- * Comfortable accommodation with nourishing meals provided
- * The opportunity to go deeper with what you have already learned about Conscious Menopause
- * Walking in the forest or relaxing in the hot pools

9-11 May (Friday evening - Sunday Afternoon)

~ Make this your Mother's Day Treat ~

Only 9 places. Book yours early!

Cost: \$325 - \$375